



2023 Flood Relief Resources

There are many resources available to help you and your neighbors during this time and beyond. *Let's take care of ourselves and each other!*

GENERAL RESOURCES

VT 211: To get connected to a wide range of support and services like housing, mental health support, transportation, food, and more, call 2-1-1 or text your zip code to **898211** or visit vermont211.org. If you have trouble getting through please call **866-652-4636** or **802-652-4636**.

Area Agencies on Aging: Information and support for people age 60+ and their families can be found by calling **1-800-642-5119** or find your local agency <https://dcf.vermont.gov/contacts/partners/aaa>.

Community Action Agencies: Get support when you are in crisis, need housing and energy assistance, and more. Find your local office here: <https://vermontcap.org/find-help/>

The Vermont Foodbank Network: Find local or statewide food resources call **1-800-585-2265** or visit www.vtfoodbank.org/agency-locator.



Summer Meals for Kids: Free meals for all kids 18 and under are available at locations around the state. For information on meals in your area, visit hungerfreevt.org/summer-meals-site-lists, text **FOOD** to **304-304**, or call **2-1-1**. Contact your local meal site to find out more about how meals are



GET FOOD HELP QUICKLY WITH 3SquaresVT

You may be eligible for money to buy groceries within 7 days by applying for 3SquaresVT. If you already receive 3SquaresVT and lost food due to flooding or power outages, you may be able to get your benefits replaced. For replacement 3SquaresVT benefits, see the backside of this sheet for more details, including who to contact for help.

WIC

July WIC food benefits that were lost due to flooding can be replaced by contacting your local WIC office. Ready to Feed infant formula is also available until your drinking water is safe again. To apply for WIC, see <https://healthvermont.gov/family/wic/apply-wic> or visit your local WIC office.

Visit:
www.hungerfreevt.org/flooding-resources
to see the most recent version of this flyer

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3SquaresVT REPLACEMENT BENEFITS PROCESS

3SquaresVT households who have lost food due to recent flooding or power outages can apply for 3SquaresVT replacement benefits.

Normally losses due to household misfortune like flooding or power outages must be requested within 10 days of the date of the disaster, or date power is restored. **That timeline has been extended for the July 2023 catastrophic flooding event in Vermont. Replacement requests can be submitted anytime through August 9, 2023.**

People who are eligible for replacement benefits can receive up to a maximum of 1 monthly allotment of their 3SquaresVT benefit. **Here is what you need to do to request 3SquaresVT replacement benefits:**

- Report the loss by calling the Economic Services Line at **1-800-479-6151**.
 - **If reporting food loss due to flooding:** you need to report by August 9th, 2023.
 - **If reporting food loss due to power outage of more than 4 hours:** you have 10 days from when your power is restored to call ESD.
- Once you've called and reported the loss, you have an additional 10 days to **complete page 1 of Form 271**, sign and submit to ESD by
 - Mail: ADPC – Economic Services Division
280 State Drive
Waterbury, VT 05671-1500
 - OR Uploading it through the Doc Uploader <https://info.my.vermont.gov/>
- **Form 271 can be found here:** bit.ly/43lxY5D
 - The form will ask you for contact information of someone who is able to verify the loss. You may provide this information but it is not required at this time because of the statewide declaration of emergency.
- **Note: If you can't call to report the loss, but have access to the internet or mail, you can just complete, date, and sign Form 271 and submit it directly to Economic Services.**
- If you have questions, you can call the Benefits Specialist line or connect with one of the following organizations. They are ready to help!
 - Vermont Foodbank: text **VFBCHAT** to **61222**
 - If you are over 60, call **1-800-642-5119**
 - For relay services, dial **7-1-1**
 - For interpretation services, dial **1-855-247-3092**

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